

REGINA DUVENAGE

Occupation	Professional Nurse
Age	42
Gender	Female
Nationality	South African
Ethnic Group	White
Language	Afrikaans, English
Drivers Licence	Code 08
Current Employer	Self- employed
Availability	Not available



Contact Details

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Email	duvenageregina@gmail.com
Residential Location	5 Linda street, Kempton Park

Professional Profile

A self-motivated and achievement-oriented Registered Nurse with nursing experience and experience in Managed care. Dependable and reliable in supporting and enabling team effort to produce genuine long-term sustainable development. Possesses excellent interpersonal, communication and negotiation skills and the ability to develop and maintain mutually beneficial internal and external relationships. Enjoys being part of, as well as managing, motivating and training, a successful and productive team and thrives in highly pressurized and challenging working environments.

Education

2005
ANN LATSKY COLLEGE(1996 – 1999)
Diploma for registration as nurse (General, Psychiatric, Community and Midwifery in accordance with Regulation R425 of 1985 as amended).

Professional Courses / Training

2015	ICD 10 short course in coding
2016	Dispensing Course - Medusa
2014	Advanced Course in Diabetes Care - CDE Course
2014	Master class in Continuous Subcutaneous Insulin Infusion – CDE Course
2019	Short Course in Wound Care for nurses - FDP
2019	Vaccinology course – Sanofi
2020	EWMC Module 2: Diabetic Foot Management in Practice EWM Module 3: Managing the Lower Limb in Practice EWM Module 4 - Managing Pressure Injuries, Pressure Ulcers and Complicated Wounds Practical Product Application Workshop BLS ACLS
2022	IIWCC – International interprofessional wound care course (University of Toronto)
2023	GCP certificate

Professional Registrations / Memberships

- South African Nursing Council(SANC) **14665921**

Computer Skills

- Microsoft Office (Word, Excel, PowerPoint)

Career History

01/03/2022 – current
Wound Clinic: Life Roseacres Hospital, Symhurst, Germiston Advanced wound care practitioner and lymphoedema therapist
Private practice – Advanced wound care and lymph therapy

01/04/2019 – 29/02/2022
Health-worx Carlswald Medical Practice
Practice Nurse and wound care practitioner.

1.	01/09/2015 – 31/03/2019
Private Health Administration Johannesburg, South Africa	
Wellness Nurse for Topmed Medical Aid	
Responsibilities	
Wellness nurse:	
<ul style="list-style-type: none"> • Performing company site visits on a monthly basis • Assisting clients with benefit explanations, claims queries, BOT requests, Ex gratia requests • Ensure that clients have been informed of the site dates in advance (yearly) in writing Planning and organising engagements. • Transcribe site dates to the Branch yearly schedule • Inform Managed Care Department of schedule • Running reports before every site visit • Disease management focussing on Cardiac, Respiratory, HIV, Maternity and Mental programmes • HIV/AIDS members requiring counselling or compliance/adherence monitoring, identification of follow-up blood tests. • Lifestyle programme management, working with member on lifestyle modification and guiding/assist/discussing/goal setting on the programme. • Maternity Programme members' on-going assessment and risk analysis of pregnancy with checking for identified biomarkers. Loading of authorisation numbers for the maternity benefit and ensuring that clients are aware of maternity benefit. • CDL Admission and actions as directed by managed care or registration on chronic programme. • Case management of all medical and surgical cases that can lead to high cost cases. • Liaising with case managers, treating Dr and family on all High cost cases • Performing LEICA scoring and obtaining all information for all hip and knee replacements. • Performing case studies • Assisting with discharge planning of high cost cases. • Negotiating discounts with suppliers • Execution of biomarkers(height, weight, BMI, Blood pressures, Cholesterol, Random Glucose testing) • Accurate record keeping • Execution of annual influenza immunization campaign • Maintaining sound client relationships. • Supporting and assisting colleagues • Support and guide clients in attaining set goals • Manage service level agreement • Health days : providing health screening and information on health issues • Administration: Good record keeping and constant updating of members records • Assessing quotations and motivations to provide appropriate authorisation 	

2.	28/11/06 – 21/03/08
Magenta Care United Kingdom	
Home based caring	
Multiple Sclerosis, Alzheimer's, Dementia, Spinal cord injuries, Muscle dystrophy	

Responsibilities

- Ensuring that all clients are safe, well nourished, well hydrated.
- Administering medication
- Doing physiotherapy on clients
- Assisting clients in bowel training
- Assisting clients in daily living
- Assisting client with Manual handling using transfer boards and hoists.
- Preparing well-nourished meals for clients
- Accompanying clients to the hospital and Dr's visits.
- Efficient record keeping
- Providing feedback to support team on client's status.
- Performing wound care
- Ordering medication through the NHS

3. 13/09/10 till 27/07/12

Dischem Pharmacy

Clinic Sister – PHC

Duties included:

- Screening Test:
 - Glucose screening
 - Cholesterol screening
 - Blood Pressure screening, manual and electronic
 - PSA screening
 - Malaria screening
 - Pregnancy testing
 - Haemoglobin testing
 - HDL, LDL & Triglyceride screening
 - Uric Acid screening
 - HBA1C screening
- Well Baby Consultation:
 - Well Baby Milestone assessments
 - Immunization
 - Feeding advice & education
- Administration of Medication
- Wound care
- Medical Aid Health Assessments
- Female Health

4. 1/12/2012 till 30/08/2015

Intercare Medical and Dental Centre

Practice Nurse/ Wound care practitioner/Diabetic Nurse Educator

CDE accredited diabetes clinic

Key Strengths

- Proactive with a strong focus on success.
- Self-motivated with high personal drive.
- Excellent internal and external negotiation skills with ability to engage with clients of all levels.
- Enthusiastic with the ability to motivate self and others in a pressurised environment.
- Strong planning, organising and monitoring abilities and an efficient time management.
- Respond quickly to changing situations; and work well under pressure while maintaining individual team effectiveness.
- Strong analytical skills – able to analyse complex data, draw meaningful conclusions and make recommendations.
- Able to evaluate complex problems, develop alternatives and consider their impact on the organization.
- Able to manage, develop and motivate people; a good mentor.
- Ability to coordinate projects and complex timelines.
- Focused, self-motivated and target driven; determined to succeed.
- Proven track record of meeting and exceeding targets.
- Strong customer focus, experience in recognition of customer needs and how to deliver an effective customer experience.
- Energetic performer with an upbeat, positive attitude.

References

Dr Febe Bruwer (colleague) 011 842 7516

Shalane Maharaj (colleague) 084 569 2112
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