

WHASA- Bio Elrie van Zyl

Sr. Elri van Zyl is a Registered Nurse with a focused interest in wound care and palliative nursing. She obtained her BCur degree from the University of Pretoria (2011–2014) and further developed her expertise by completing a Diploma in Wound Care at the University of the Free State in 2016. She also completed the International Interprofessional Wound Care Course (IIWCC) at the University of Toronto (2022–2023) and is currently pursuing a Postgraduate Diploma in Palliative Care Nursing (2026).

She started her nursing career in the Medical ICU at Steve Biko Academic Hospital, where she gained valuable experience in critical care. She then worked as a dedicated wound care nurse at Life Wilgers Hospital (2016–2018), followed by private practice experience. Since 2018, she has been practising full-time as a Private Nurse Practitioner at Wounds & Hearts, where she provides specialised wound care, with a particular focus on pressure injuries and home-based patient care.

Elri has a deep passion for palliative care and is especially committed to integrating this with her wound care practice. She has a special affinity for elderly patients, approaching each individual with empathy and dignity. For her, care extends beyond treating wounds—she is devoted to seeing and supporting the person behind the condition. This philosophy is reflected in the name of her practice, Wounds & Hearts, which embodies her commitment to both physical healing and emotional care.

She is married to Fanie van Zyl, and together they have three children, Ben, Pieter and Loré.

